



RESCUE SOUTH AFRICA
AQUATIC RESCUE

AQUATIC RESCUE (Swift Water / Small Boat and Surface Rescue)

Preamble

The instructors that will be presenting this program are considered specialists in the field.

Intended Audience

This course is designed for any persons who in the course of their normal duties would be required to rescue patients from swiftly flowing water.

Desired Outcome

After being assessed as competent the candidate will be able to operate as an integral part of a team that undertakes rescue operations in a swift water rescue environment.

The candidate will be able to operate at a technician 1 and rescue swimmer level.

Duration: 8 Days

Min/Max No of Delegates: 8/12

Course Prerequisites

Recommended grade 12 certificate or equivalent.

Medical certificate indicating that the candidate is in good health.

The candidate will have to successfully complete a pre-entry swimming assessment.

The candidate should be High Angle 2 Qualified (exceptions can be made for persons not from an emergency service environment).

HPSCA (If applicable)

Core Content

- The anatomy of a river and its associated hazards
- Swift water rescue equipment
- The sequential approach to swift water rescue and forming an action plan
- Rescue swimming
- Boat based rescues
- Rescues using rope rescue techniques
- Scenario based evolutions
- Candidates will be required to perform all the roles required during a rescue scene (command, rescue swimmer, rigger, medic and gopher)

Course Details

The aim of this course is to provide the learner with the skills to be able to rescue a victim from a swift water environment on his own or with a team.

This course meets and exceeds the NFPA 1670 Standards on Operations and Training for Technical Rescue Incidents, 1999 Edition, on Operations level.

The academic and practical standards of this course are in line with those of the Tertiary Medical Rescue Technology Courses offered as part of the National Diploma Emergency Medical Care, and as such fulfill the specified SAQA outcomes for this field.

A word on safety

Safety is everyone's concern not only the instructors! Since most accidents involve basic errors your attention is drawn to the following:

- (1) You will be heavily penalised if the instructor has to continuously correct safety errors.
- (2) You will be penalised should you fail to inspect your equipment prior to use
- (3) You are obliged to immediately report all lost and or damaged equipment to your lecturer.

About the patient

As an aspirant rescue practitioner you are once again reminded that the central focus of any rescue incident is the patient and not the rescue operation. All scenarios will involve a patient and should appropriate medical management according to your registered scope of practice not be applied or provided, you will fail the assessment (regardless of how well your rescue operation was conducted).

Course Outline

The learning content for the High Angle I module is divided into nine sections:

- Section A Introduction to Swift Water Rescue
- Section B Swift Water Terminology and Definitions
- Section C Swift Water Equipment
- Section D Basic River Movements
- Section E Basic Swift Water Rescues
- Section F Line Crossings
- Section G Swift Water Boat Rescues
- Section H Evaluations